



SIS40215 Certificate IV in Fitness

National ID: SIS40215 | State ID: AWN7

About this course

Take the next step in your fitness journey. Become a personal trainer.

The Certificate IV in Fitness enables participants to work as a qualified personal trainer. Upon successful completion, participants will have specialist skills to train individual or groups of clients on a one-on-one or group basis to improve health-related components of fitness.

Participants will learn how to:

- Plan, conduct and evaluate exercise training
- Provide leadership and guidance to clients and other staff
- Deal with unpredictable situations applying defined guidelines and procedures from the fitness industry and relevant organisation
- Monitor and manage business activities in order to operate efficiently and profitably

This qualification provides a pathway to work in a diversity of fitness industry businesses including fitness centres, gyms, aquatic facilities, community facilities and in open spaces.

Overview

Available all year, 2019

Qualification details

-  Duration: **1 Year**
-  Where: **Broome Campus**
-  When: **Available all year**
-  How: **Face-to-face classroom delivery
Face-to-face classroom/campus delivery
On the job/on location
Online learning - flexible/self-paced
Part-time**

Job opportunities

- Personal trainer

Fees and charges

[Click here to view North Regional TAFE's 2020 indicative fees.](#) These fees are indicative for local students enrolling full-time in Government-funded courses. Fees are calculated based on individual circumstances at the time of enrolment. Concessions for eligible certificate I - IV level courses, annual fee caps and other charges may apply.

For more information, please click [here](#).

VET Student Loans

VET Student Loans is an income contingent loan support available to eligible students studying a diploma level or above qualification. For more information, please click [here](#).

Please note, fees are subject to change.