



Art Therapy Skill Set

State ID: IAD27

About this course

Your health and safety is important to us.

Spaces are limited to adhere to social distancing guidelines. Additional hygiene protocols will be implemented and other controls may apply. Students must follow the directions of the lecturer to ensure the health and safety of all students and teaching staff.

ONLINE

Art therapy is conducted by a qualified therapist using mediums and modes from the arts.

Have fun learning a range of valuable self-care and brief intervention strategies through a series of workshops.

Participants will:

- Learn how images influence emotion, thoughts and wellbeing
- Experience how art therapy can bring about rapid resolution of presenting issues
- Practice a range of interventions that create change
- Meet new people through the online class and create random acts of artist expression

Discover the creative process itself is truly the most healing part of any art therapy experience!

Weekly online tutorials start in Term 3, Week 2.

Please note:

- Students will need access to basic art supplies such as; pencil B2-6, colour pencils, textures, paints, pastels, A4, A3 and possible A5 paper suitable for art experiences. Minimum requirements would be A4 paper and colour pencil 12 pack.
- A visual diary designed for the course will be posted to students on enrolment, alternatively you can purchase a bound visual diary
- Assessment tasks are self-paced throughout the course and there is an assessment document due 2 weeks after the course end date.

Overview

Semester 2, 2020

Fitzroy Crossing Campus

-  Duration: **8 Weeks**
-  When: **20 July - 25 September, 2020**
-  How: **Distance learning**
-  Fee: **Full fee: \$83.40
Concession: \$32.10**

Units

This is a suggested study plan. North Regional TAFE offers a variety of alternative units, and packaging rules apply to these selections. Your unit options will be discussed with you prior to enrolment.

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Core

National ID	Unit Title
CHCCCS014	Provide brief interventions
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-  When: **12 October - 10 December, 2020**
-  How: **Distance learning**
-  Fee: **Full fee: \$83.40
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